

The Hipster Foundation NorCal Arthroplasty Fellowship



Overview

The Hipster Foundation proudly funds the NorCal Arthroplasty Fellowship, led by esteemed surgeons Nicholas Mast, MD and Steven Howell, MD. Through this fellowship we are training next-generation surgeons in high-value, evidence-based arthroplasty procedures.

The fellowship offers a salary, a Bay area housing stipend, and direct educational expenses. Over the one-year program, fellows will spend 6 months with Dr. Mast and 6 months with Dr. Howell. Fellows can expect to perform over **500 procedures** on a clinically diverse patient population.

Fellows will advance their skills in ambulatory surgical centers, leverage digital platforms, and work with emerging technologies. Fellows will contribute to a surgical registry of over **6,000 cases**. The fellowship is affiliated with the American Academy of Hip and Knee Surgeons and offers research and publication opportunities.

Your Training Experience

NorCal Arthroplasty Fellows learn and refine their surgical skills using contemporary techniques that include robotic-assisted procedures and computer-assisted navigation. The Hipster Fellowship covers preoperative planning, postoperative care, multimodal pain management, and comprehensive training on:

- Anterior approach hip arthroplasty and anterior approach revision
- Resurfacing hip arthroplasty
- Comprehensive hip fracture management
- Kinematically aligned primary and revision knee arthroplasty
- Arthroscopic and open knee ligamentous reconstruction
- Uni-compartmental knee arthroplasty

APPLICANTS SHOULD APPLY THROUGH THE WWW.SFMATCH.ORG



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